

REGISTERED DIETITIAN

NATURE OF WORK

This is professional work providing nutritional services to the Women, Infant and Children (WIC) Program within the Health Department.

Work involves responsibility for providing nutritional counseling and education on both an individual and a group basis to WIC clients. An employee in this class is expected to exercise independent judgment with work being performed according to established WIC guidelines as well as department policies and procedures. General supervision is received from a professional or an administrative supervisor with work being reviewed in the form of reports, conferences, public comments and program effectiveness.

EXAMPLES OF WORK PERFORMED

Interviews clients to obtain a diet history on adults, children and infants.

Collects physical measurements of adults, children and infants to assess nutritional status.

Analyzes client information to determine nutritional status and develops with the client a plan to improve their nutritional health.

Provides nutrition information and teachings to clients on a one to one basis and in a group setting.

Maintains appropriate client records reflecting nutritional assessment and teaching.

Reviews, selects or produces appropriate nutrition education materials.

Assists in developing and implementing the annual education plan.

Performs related work as required.

DESIRABLE KNOWLEDGES, ABILITIES AND SKILLS

Knowledge of current dietetic principles and nutritional guidelines.

Knowledge of the policies and guidelines of the Women, Infant and Children Program.

Knowledge of pediatric and maternal nutrition.

Ability to accurately assess and document the nutritional status of clients using appropriate physical measurements, diet history and physical characteristics.

Ability to maintain accurate client records.

Ability to communicate effectively both orally and in writing.

Ability to establish and maintain effective working relationships with coworkers and clients.

Ability to effectively use educational methods in teaching nutritional guidelines to both individuals and groups.

DESIRABLE TRAINING AND EXPERIENCE

Graduation from an accredited four year college or university with major course work in nutrition or related field and some experience in maternal/child nutrition.

MINIMUM QUALIFICATIONS

Graduation from an accredited four year college or university with major course work in nutrition or related field.

NECESSARY SPECIAL REQUIREMENTS

Current registration as a dietitian.

Must possess and maintain a valid State of Nebraska driver's license.

Approved by: _____

Department Head

Personnel Director

8/92